

Corporate Information

Honourary Directors

D.R. Sobey

Board of Directors

A. Bell³

D.H.L. Buntain²

J.G. Covelluzzi³

K.A. Decker⁴

H.E. Demone (Chairman)⁴

R.P. Dexter, Q.C.³

A.J. Hennigar³

D.J. Hennigar (Vice Chairman & Lead Director)^{4,5}

S.L. Jamieson^{3,4,5}

M.J. Mahody²

R.A. Miller²

R.L. Pace^{2,4,5}

F.B.H. van Schaayk³

Corporate Management

K.A. Decker¹

President & Chief Executive Officer

P.A. Jewer, CPA, FCA¹

Executive Vice President &

Chief Financial Officer

P.B. Brown¹

President & Chief Operating Officer

U.S. Operations

J.J. O'Neill¹

President & Chief Operating Officer

Canadian Operations

T. Rorabeck¹

Executive Vice President,

Corporate Affairs &

General Counsel

P.W. Snow¹

Executive Vice President,

Global Procurement

J.E. Brown, CHRP¹

Executive Vice President,

Human Resources

B. DiMento

Vice President, Quality Assurance,
Sustainability & Government Affairs

M. Sirois

Chief Innovation Officer

M. Leslie

Vice President,

Business Development

D. Martin

Vice President,

Wild Seafood Procurement

M. Kocsis

Vice President,

Aquaculture Procurement

C. Milner

Vice President,

Financial Reporting & Accounting

P. Burns

Chief Information Officer

Canadian Management

J. Amlinger

Vice President, Business Optimization

K. Galbraith

Vice President, Retail Marketing

A. Manuel

Vice President, Retail Sales

C. Murray

Vice President,

Foodservice Sales & Marketing

P. Silver

General Manager & Vice President,

Lunenburg Operations

U.S. Management

R. Barnhardt

Vice President, U.S. Supply Chain

T. Bastoni

Vice President/Business Manager

U.S. Scallops

K. Corcoran

Vice President, U.S. Finance

C. Mulder

Senior Vice President, Foodservice

Sales & Marketing

C. Stewart

Vice President, U.S. Plant Operations

J. Tahnk

Vice President, Retail Marketing

C. Trosin

Vice President, Retail Sales

Plants & Warehouse Facilities

Massachusetts: New Bedford,

Peabody

New Hampshire: Portsmouth

Virginia: Newport News

Nova Scotia: Lunenburg

Operating Subsidiary Companies

High Liner Foods (USA),

Incorporated

APS, LLC

ISF (USA), LLC

High Liner Foods (Thailand)

Co., Ltd.

Atlantic Trading Company, LLC

Sjovik. h.f.

Auditors

Ernst & Young LLP,

Chartered Accountants

Transfer Agent

For help with:

- Changes of address
- Transfer of shares
- Loss of share certificates
- Consolidation of multiple mailings to one shareholder
- Estate settlements

Contact:

CST Trust Company

AnswerLine™:

1-800-387-0825

(toll-free in North America)

or (416) 682-3860

Fax: 1-888-249-6189

E-mail inquiries:

inquiries@canstockta.com

www.canstockta.com

Mailing Address:

P.O. Box 700

Station B

Montreal, QC H3B 3K3

Banks

The Royal Bank of Canada

JPMorgan Chase Bank, N.A.

Bank of Montreal

Canadian Imperial Bank of

Commerce

Investor Relations

For:

- Additional financial information
- Industry and Company developments
- Additional copies of this report

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Mailing Address:

100 Battery Point

P.O. Box 910

Lunenburg, NS B0J 2C0

Common Shares listed on

The Toronto Stock Exchange

Trading Symbol - HLF

Annual General and Special Meeting of Shareholders

Wednesday, May 11, 2016

11:30 a.m.

The Prince George Hotel,

Halifax, Nova Scotia

¹ Leadership Team

² Audit Committee (R.L. Pace, Chair)

³ Human Resources & Governance Committee (S.L. Jamieson, Chair)

⁴ Executive Committee (H.E. Demone, Chair)

⁵ Nominating Committee (S.L. Jamieson, Chair)